



# Self Love Beauty's CONFIDENCE & EMPOWERMENT WORKSHOPS



## ***Focusing on Confidence & Power the Being Positive***

Workshop for girls entering grades 3rd-5th  
Monday, June 6th from 5-7pm

Attend this workshop to learn tools and activities to gain confidence in yourself and learn ways to add positivity into your life.



## ***Gain Confidence and Surpass Limited Beliefs***

Workshop for girls entering grades 6th-8th  
Tuesday, August 16th from 5-7pm

Attend this workshop to learn tools and activities to gain confidence within yourself and surpass your limiting beliefs. This workshop will provide you with activities and tools to help as you enter the new school year.

Location: Freeland SportsZone **Cost: \$50**

Please register at the Freeland SportsZone  
989.695.2000 [www.freeland-sportszone.com](http://www.freeland-sportszone.com)



**SELF LOVE BEAUTY Summer Workshops**

Younger Girls (3rd-5th grades) June 6 \_\_\_\_\_

Older Girls (6th-8th grades) Aug. 16 \_\_\_\_\_

\$50 per Workshop



OFFICE USE ONLY

Payment: \_\_\_\_\_

Received by: \_\_\_\_\_

Participant Name (Last, First)

Street Address

City

Zip Code

Home Phone #

Work/Other Phone #

E-Mail Address

Indicate Any Allergies/ Health Concerns/Physical Limitations:

Grade Entering

Emergency Contact Name

Relationship to Participant

Emergency Contact #

Other #

I understand that Freeland Community Sports Association (FCSA) and Tittabawassee Township DDA & it's departments, employees, agents, sponsors, co-sponsors, & contractors assume **NO** responsibility for any injury that may be suffered by the participant and that the participant assumes all risk, personal injury, loss & damage of property. I fully release from liability and/or damages, FCSA & Tittabawassee Township DDA and all of its parties from injury or damages on behalf of our child and/or ourselves. In case of Emergency, I give my consent to emergency medical treatment.

Signature of Parent/Guardian

Date