



**Job Title:** Personal Trainer  
**Reports To:** FSZ Interim Manager  
**Part Time:** Hours Vary-Flexible Schedule  
**Wage:** \$20 per Session with Incentives

**Summary:**

The Freeland SportsZone is in search of a Nationally Certified Personal Trainer to join our team! The right fit will have a passion for helping individuals create and maintain a healthier lifestyle by improving their physical fitness level.

**Duties and Responsibilities:**

Reporting to the FSZ Interim Manager, this position will have a variety of important responsibilities:

- Develop, implement and instruct workout plans designed for each client.
- Evaluate and track fitness assessments.
- Follow proper emergency procedures and implement as necessary, including completion of incident reports.
- Provide encouragement, and expertise for each client in support of their goals.
- Must be able to lead individual and small group training sessions.
- Communicate with clients and all FSZ Staff in a professional manner.

**Qualifications:**

- Must have 1 year Personal Training experience and be able to provide references.
- Must have NCAA Accredited Personal Training Certification (ACSM, ACE, NSCA, NASM, Personal Training Certification)
- CPR, AED & First Aid Certification required.

**To apply please email resume complete with references to Talia Brown**  
[Tbrown@Freeland-SportsZone.com](mailto:Tbrown@Freeland-SportsZone.com)